

# Ambler Rotary Wheel 2017 - 2018 Volume 93, Edition 34

## March 14th meeting

President Paul clanged the meeting to order.

After singing God Bless America and ending on a high note, Paul led us in "singing" the Irish National Anthem. Now I know why you can barely understand anything a true Irishman says. Holy shillelagh.

The Prayer was delivered by Steve Bass. Shalom.

## ROTARY FOUR WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and better friendships?
4. Will it be BENEFICIAL to all concerned?

## HAPPY DOLLARS

Eric Faddis happy about avoiding the first Nor Easter when he left for North Carolina where he and his wife watched the bad weather they missed: - )

Leigh thanked everyone for their contributions to the Food Cupboard drive. There is still time to make a donation. The food cupboard is also taking donations of fresh or frozen hams you can drop them off to the food cupboard.

Skip Urban Happy about the birth of his 2nd granddaughter. Peter and his wife welcomed Meredith Eileen.

Norma Hall from Glenside Rotary Happy to be here and also moving in June to North Carolina.

## VISITORS / GUESTS

Assistant District Governor Mike Seidner

VisitingRotarian Tim Kelly from Indiana

Visiting Rotarian Norma Hall - President of the Glenside Club

Matt Diemilla - guest of Dick Target

## **ANNOUNCEMENTS**

APRIL 21: CASINO NIGHT - Please remember to invite two guests (not Rotarians) to this night of fun and debauchery.

- Silent Auction items are needed! Baskets of cheer are great (no old booze from the basement).
- Please visit your local businesses/restaurants for donations. See Lucy for a donation letter.
- Ad sales are somewhat slow! Please get your personal or business ads in SOON to Dick Target or Clint Ehlers, along with your checks. ALSO - please reach out to other business owners in your network to entice them to run an ad as well. This is a BIG part of our fund raising for the night.
- All ad copy/layouts are due by March 31st. If you need help with your layout, then PLEASE get them in earlier so we have time to work on them.

APRIL 27-29: District Conference – Visiting Blue Bell Rotarian Bruce Dearnly gave a District plea for all of us to attend the upcoming District conference being held at the Crowne Plaza Hotel in Wyomissing. You can register for the event by following this link: [www.eventbrite.com/e/2018-rotary-district-7430-conference-registration-31170115655](http://www.eventbrite.com/e/2018-rotary-district-7430-conference-registration-31170115655). Please remember that the Ambler Rotary Club will reimburse you the registration costs. Yes, this is a bribe. Clint and Paul don't want to be the only ones drinking at the bar and telling stories.

May 1st: Wordsworth tree planting is on May 1st and May 5th. The Board voted to purchase \$1000 of trees for these upcoming events. Please see Steve Bass to purchase sponsorship's of these trees. If you would like to make a contribution towards this minimum is \$10.00 and you will receive a special certificate.

Steve Bass reported on Interact Club events – May 1st year end party at 11:00 am

**DUE TO THE PENDING WEATHER, LUNCH FOR 3/21 HAS BEEN CANCELLED**

## **OLD ANNOUNCEMENTS WORTH REPEATING**

Due to a conflict with the Rotary International Convention, Club Changeover Dinner has been rescheduled for July 11.

## POTENTIAL NEW MEMBERS

We have received two applications for membership from the following individuals:

- Matthew D'Emilio, former Rotarian from the Churchill Rotary, former Asst. District Governor, 2X Club President. He is sponsored by Dick Target and Steve Paccione and currently works at Carnegie Mellon University and is a Director in the University Contracts Office.
- Peter Urban is sponsored by his dad Skip and is a Funeral Director at Urban Funeral Home.

## PROGRAM

Alicia Fergus, Project Manager of LiveStrong at Indian Valley YMCA

Alicia Fergus, Project manager for LiveStrong at Indian valley YMCA was our guest speaker. Alicia was introduced to the club by Joe "The Murph" Murphy.

- Alicia has worked for the YMCA since 2003, she has a degree in Physical Therapy. She was invited to speak today by Joe Murphy, fellow Rotarian and LiveStrong participant.
- LiveStrong started in 2008 when the YMCA of the USA partnered with LiveStrong
- Lance Armstrong wanted to start a fitness program for cancer survivors.
- The program operates in 638 sites including the Indian Valley YMCA and the Ambler YMCA.
- More than 50,000 survivors have participated since 2008 - Indian Valley's program graduated 120 survivors since its inception.
- Evidenced based program which is FREE to participants and led by trained Y staff and volunteers.
- Program meets 2 x per week for 12 weeks and participants receive a FREE membership to the YMCA for 3 months.
- Participants receive pre and post testing and a program tailored to their individual needs.
- Program includes: Nutrition, yoga, meditation, Balance, strength and an intro to Spin
- At the end of 12 weeks participants will receive an independent program they can do on their own.

## 50-50:

Eric had the chance to win \$1,047 but thankfully was the winner of a free lunch and 1 white golf tee instead.

## CLUB CALENDAR OF EVENTS

Saturday April 21: Casino Night – Old York Road Country Club

Wednesday June 27: Lunch meeting - Changeover Dinner moved

Wednesday July 11: NEW Changeover Dinner. NO Lunch Meeting

June 23-27th – RI Convention in Toronto, Canada

## **FUTURE PROGRAMS**

If you have any ideas or requests for specific speakers, please email Clint at [clinteblers@gmail.com](mailto:clinteblers@gmail.com). Recommendations and suggestions are greatly appreciated!

### **March 2018**

28 - Thomas Wieckowski - history of the Wanamaker Estate in Cheltenham

### **April 2018**

4 - Fernanda Poirer, Ambler Rotary's Exchange Student

11 - Chris Donohue - Core 3 Physical Therapy

18 - Dawn Zucca - The Peter Powerhouse Foundation

25 - State Representative Kate Harper

### **May 2018**

2 - Bob Pierson - Farm to City

9 - Whitney Lingle - Montco Senior Adult Activity Center

16 - Eric Golub - Using humor for better advocacy and unity

23 - Leslie Bluestone - Montgomery County Community College Foundation

30 - Jon Roesser - Weaver's Way Coop

### **June 2018**

6 - Lamont Satterly - Abner Jenkins, Pie Eater in the Union Army - Lamont's Great Grandfather

20 - Paul Harris - History of Rotary and why what we do is important

### **ASSIGNMENTS: (Chair - Arlene Daniels)**

Remember that if you can't fulfill your service obligation, please provide a suitable substitute and call Arlene at 215-219-7620 to let her know or deal with...

### **CURRENT LEADERSHIP**

R.I. President, Ian H. S. Riseley, Victoria Australia

District 7430 Governor, Rick Gromis, Springfield Township Cent.

Assistant District Governor, Area 9, Michael Seidner, North Penn

Ambler Rotary President, Paul J. Kelly, III

Ambler Rotary Incoming President, Clint Ehlers

Ambler Rotary 2nd VP, Leigh DeTato

### **2018 DISTRICT CALENDAR**

Apr 27-29th -District Conference at the Crowne Plaza in Wyomissing

Apr 14th -- 4-Way Test Speech Contest Regionals

May 12th -- District Training Assembly

June 23-27th – RI Convention in Toronto, Canada

Jun 28th -- District Changeover and Awards

Jun 28th – D7430 Council of Governors Meeting

Sep 19th-22nd -- Zone Institute in Montreal, Canada

Oct 20th -- The 2018 Rotary Leadership Institute in District 7430.